

# Registration Form

\$125 Includes continental breakfast and lunch

\$85 for students, ID required, no CEU's

NAME

DISCIPLINE:

NURSING  SOCIAL WORK  CHAPLAIN  THERAPIST  OTHER

ADDRESS

CITY, STATE, ZIP

PHONE

EMAIL

CREDIT CARD NUMBER

EXPIRATION DATE

SIGNATURE

Checks made out to Gilda's Club-End of Life Coalition.  
Call 616-453-8300 with payment questions.

Registration and payment must be  
received by January 29.

**Register early as seating is limited.**

## PLEASE MAIL YOUR PAYMENT TO:

Gilda's Club Grand Rapids  
1806 Bridge Street NW  
Grand Rapids, MI 49504  
Or fax 616-453-8355. Upon receipt of your  
payment, a confirmation e-mail will be sent.

## ANTICIPATORY MOURNING: WHAT CAREGIVERS NEED TO KNOW

*An event for the general public and  
health care professionals*

**Thursday, February 4, 2010**

### SCHEDULE

- 7:30 am Registration
- 8:00 am Introduction
- 8:45 am Definition of Anticipatory Mourning
- 9:00 am Six Dimensions of Anticipatory Mourning
- 12:00 pm Lunch
- 1:00 pm Traumatic Stress in Anticipatory Mourning
- 1:30 pm Intervening in Traumatic Stress
- 2:00 pm Specific Tasks for Long-Term Illness
- 4:00 pm Seven Sensitivities of Effective Caregivers
- 4:30 pm Questions and Evaluation



### Prince Conference Center At Calvin College

1800 East Beltline SE, Grand Rapids, MI 49546  
616-526-7200



Presents

**Therese A. Rando PH.D, BCETS, BCBT**

Thursday, February 4, 2010 | 8:00 am – 5:00 pm

## ANTICIPATORY MOURNING: WHAT CAREGIVERS NEED TO KNOW



*An event for the general public and health care professionals*

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*An event for the general public and health care professionals*

Thursday, February 4, 2010 | 8:00 am – 5:00 pm | Prince Conference Center at Calvin College

This clinically-focused workshop explores the multidimensional experience of anticipatory mourning during life-threatening and terminal illness. The six clinical dimensions of anticipatory mourning are operationalized. Special attention is given both to the experience of trauma and traumatic stress in anticipatory mourning and to the tasks presented at each phase of the illness. Throughout the workshop, the focus is on what the caregiver needs to know and do to enable the healthiest anticipatory mourning for the parties involved.



Keynote Speaker

**THERESE A. RANDO, PH.D., BCETS, BCBT**

Dr. Rando is the Clinical Director of The Institute for the Study and Treatment of Loss. Since 1970, she has consulted, conducted research, provided therapy, written, and lectured internationally in areas related to loss, grief, illness, dying, and trauma. Her current research interests focus on the operations and courses of anticipatory and postdeath mourning. Dr. Rando has published 70 works pertaining to the clinical aspects of thanatology. She is the author of *Treatment of Complicated Mourning* (Research Press, 1993), *How To Go On Living When Someone You Love Dies* (Bantam Books, 1991), and *Grief, Dying, and Death: Clinical Interventions for Caregivers* (Research Press, 1984); she is the editor of *Clinical Dimensions of Anticipatory Mourning: Theory and Practice in Working with the Dying, Their Loved Ones, and Their Caregivers* (Research Press, 2000), *Loss and Anticipatory Grief* (Lexington Books, 1986), and *Parental Loss of a Child* (Research Press, 1986). Among the recognitions for her accomplishments in the field of thanatology, Dr. Rando was given "The Influential Leader Award in Grief and Loss Education and Practice" by The American Academy of Bereavement.

For more specifics on Dr. Rando or The Institute for the Study and Treatment of Loss, visit [www.thereserando.com](http://www.thereserando.com).

By the end of this workshop, the participant will be able to:

- Identify the six clinical dimensions of anticipatory mourning
- Define "appropriate death"
- Specify the three contextual levels on which anticipatory mourning occurs
- List at least four sources of traumatic stress inherent in anticipatory mourning
- Outline the five phases of life-threatening illness and specify at least five tasks within the terminal phase
- Identify at least five interventions for addressing traumatic stress in life threatening and terminal illness
- List the seven sensitivities of effective professional caregivers
- Pinpoint the most common caregiver errors in working with anticipatory mourning

The mission of the Greater Grand Rapids End of Life Coalition is to increase awareness and create opportunities for improving end of life care within the greater Grand Rapids community. We are a community-wide collaboration of area hospices, hospitals, higher educational and service organizations.

**Arbor Circle**

**Faith Hospice of Holland Home**

**Gilda's Club Grand Rapids**

**Grand Valley State University**

**Hospice of Michigan**

**Heartland Hospice**

**MetroHealth Hospital**

**Saint Mary's The Lacks Cancer Center**

**Spectrum Health**

**Spectrum Health Hospice**

[www.grendoflife.org](http://www.grendoflife.org)

## ***Continuing Education Credits Provided at Completion of the Conference***

- This program has been approved by the National Board of Certified Counselors. NBCC Approval #SP-1724.
- This educational activity for 7.00 contact hours is provided by Spectrum Health. Spectrum Health is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- This course is approved by the Michigan Continuing Education Collaborative. Approval number 1117709-07 for 7 CE hours.